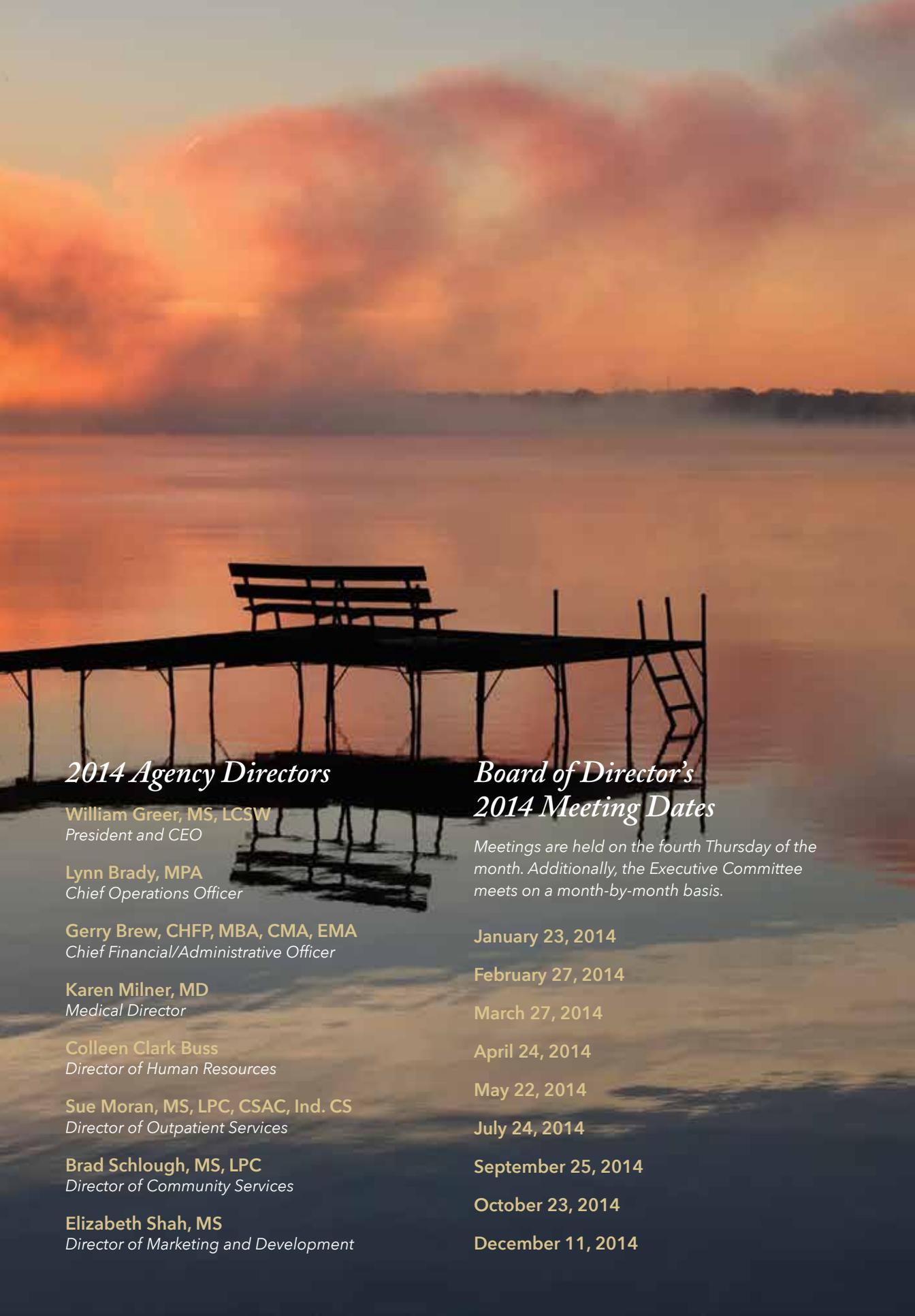


Journey
MENTAL HEALTH CENTER

Sharing the Path from Hope to Recovery

2014 ANNUAL REPORT



2014 Agency Directors

William Greer, MS, LCSW
President and CEO

Lynn Brady, MPA
Chief Operations Officer

Gerry Brew, CHFP, MBA, CMA, EMA
Chief Financial/Administrative Officer

Karen Milner, MD
Medical Director

Colleen Clark Buss
Director of Human Resources

Sue Moran, MS, LPC, CSAC, Ind. CS
Director of Outpatient Services

Brad Schlough, MS, LPC
Director of Community Services

Elizabeth Shah, MS
Director of Marketing and Development

Board of Director's 2014 Meeting Dates

Meetings are held on the fourth Thursday of the month. Additionally, the Executive Committee meets on a month-by-month basis.

January 23, 2014

February 27, 2014

March 27, 2014

April 24, 2014

May 22, 2014

July 24, 2014

September 25, 2014

October 23, 2014

December 11, 2014

2014 Board of Directors

James Christensen
StatOrg Services LLC
CHAIR

Linda Brei
Kalliope, LLC
IMMEDIATE PAST CHAIR

Robin Gates
Robin Gates Consulting
VICE CHAIR

Mary Wright
Wells Fargo Bank
TREASURER

Judy Wilcox
Retired
SECRETARY

Dr. Pamela Bean
Rogers Memorial Hospital

Shiyo Cao
Student Member

Jeff Charlson
University of Wisconsin-
Department of Psychiatry

Martin Croak, Atty.
Retired

Sam Keller
TEC

Margaret Kopps
Promega Corporation

Heidi Pankoke
The Management Group Inc.

Kristi Papcke-Benson
Madison College

Cheryl Porior-Mayhew
Marquardt Village

Lovette Powell
Student

Peter Rossmeissel
Peter's Pastries

Sarah Shimko
City of Madison Police Dept.

Chong Vang, Atty.
Vang Law Office SC

President's Report



Journey Mental Health Center's mission is "improving peoples lives by pioneering and sustaining effective mental health and substance abuse services." This is the driving force behind all of our activities. This year we fulfilled this mission in more places with more people than ever before.

Our mission is supported by our values of **Respect, Accountability, Integrity, Diversity, Excellence and Hope**. We work

to keep families together by providing them with the tools to manage stress, set and achieve positive goals and maintain stability. We work with people from marginalized groups to ensure their full and active participation in the community around them. We try at all times to be harbingers and nurturers of hope and recovery.

After three years of deficits reflecting cuts in government funding and decreased revenues for the local behavioral health safety net, we saw benefit from our continual focus upon fiscal stability in these challenging economic times. We concluded 2014 with a surplus by finding new sources of revenue and by continuing to deliver the most effective services possible to our consumers. We also continued our strategic efforts to stay ahead of a rapidly changing health care system.

The numbers and statistics on the following pages tell only part of the story of Journey's achievements this year. The other part of the story lies in the improvements our consumers have made in their lives by acquiring meaningful work, education, supportive relationships and self-sufficiency. Our commitment to recovery-oriented services in the least restrictive settings is strengthened by the positive results we see.

As we go forward, we aim to continually improve the quality and diversity of our services to meet the needs of our growing consumer base. We aim to form and strengthen partnerships with individuals and groups in the community who share our values and commitment. And finally, we aim to continue to learn from and with our consumers about the processes that turn hope into mental and physical health.

A handwritten signature in black ink that reads "William C. Greer". The signature is written in a cursive, flowing style.

William Greer, President & CEO

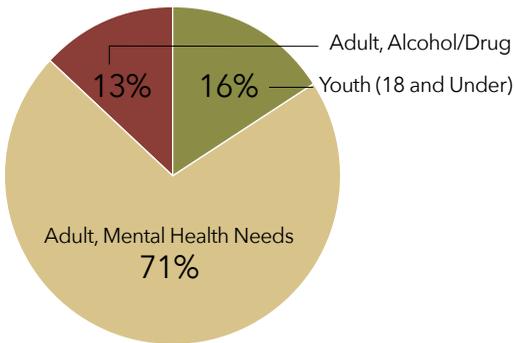
Who We Serve

PEOPLE TREATED IN 2014 11,108

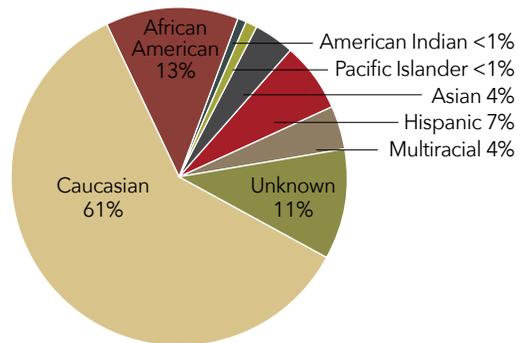
Ability to Pay

70% Consumers assessed no fee based on their ability to pay, using a sliding scale.
*Some consumers who are not assessed a fee may qualify for Medicare or Medicaid.
 Journey Mental Health Center receives payment for these services.*

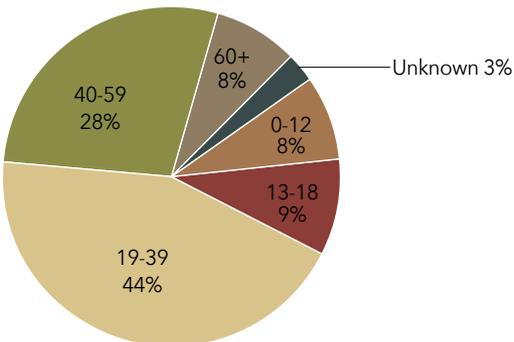
Type of Client



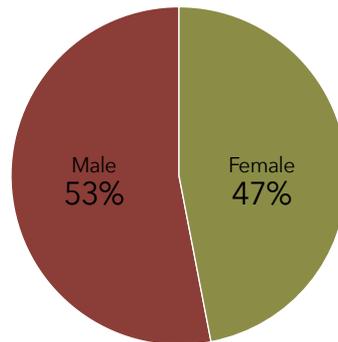
Heritage



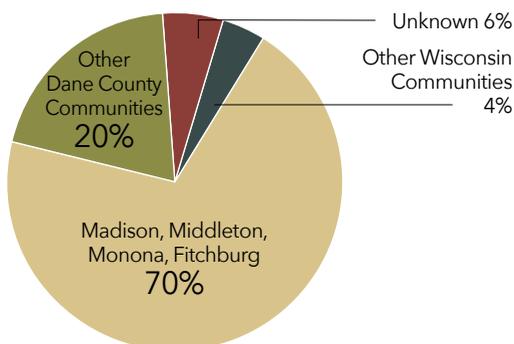
Age



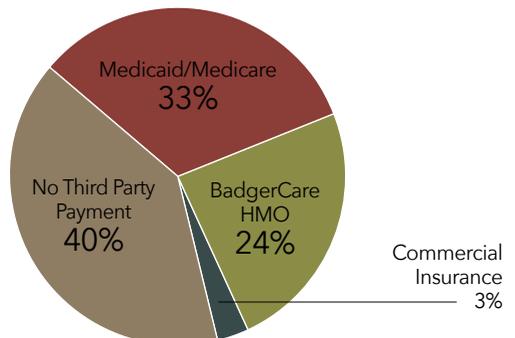
Gender



Residence



Means of Payment



PEOPLE ASSESSED IN 2014..... 4,949

Central Intake Assessment..... 2,522
 OWI Assessment Program 2,129
 Jail Diversion (Treatment Alternatives Program, Drug Court, OWI Treatment Court)..... 298

How We Serve Them

Outpatient Services

- Adult, adolescent, child and family therapy services
- Specialty counseling services for adults with developmental disabilities
- Mental health, substance use disorder and co-occurring treatment
- Psychiatry
- Family Preservation Program
- Ujima Treatment Program
- Cognitive Behavioral Intervention for Trauma in Schools (CBITS)
- Clinica Latina
- Opiate Recovery Project
- Internship Clinic
- HIV Clinic
- Dialectical Behavior Therapy
- Resource Bridge
- Central Intake
- Safe Step Assessments
- School Based Mental Health Clinic
- Suboxone Clinic

Assessment Services

- Intoxicated Driver Assessment (Chapter 20)
- Drug Treatment Court Program/ Treatment Alternatives Program
- OWI Treatment Court

Community Based Services

- Mobile Outreach To Seniors Team (MOST)
- Forward Solutions Community Support Program
- Community Treatment Alternatives (CTA)
- Conditional Release
- Gateway Community Support Program
- HUD/CDA Triangle Services
- Promoting Recovery From The Onset Of Psychosis (PROPS)
- Yahara House
- Southeast Asian Services
 - Kajsiab House
 - Southeast Asian Program
 - Cambodian Templee

Emergency Services

- Crisis Intervention
- 24-Hour Suicide Hotline
- Adult Crisis
- Youth Crisis
- Crisis Stabilization
 - Bayside Place Care Center
 - Recovery House

Ujima Treatment Program

ANDREW'S STORY

When I came to Ujima, I was just really kinda broken. Even though I was my age mentally, I was still kind of not where most people my age were. My girls were three years old at the time; my son was four. I was working full time, and having to come home and raise my kids. I was very stressed, depressed and just not sure what I was doing.

When things were bad, I would have some suicidal thoughts. I just didn't care for myself. I didn't see anything good happening. I was alone and ashamed, so things were dark.

I could see some of the pain my kids were experiencing, so that was making things a lot worse because I knew that I was really hurting them. Mentally I was really struggling.

Ujima helped me.

I had someone that I can talk to with Pam. I didn't feel alone anymore. There were other people like me. The resources they can provide for people were helpful. It taught me a lot.

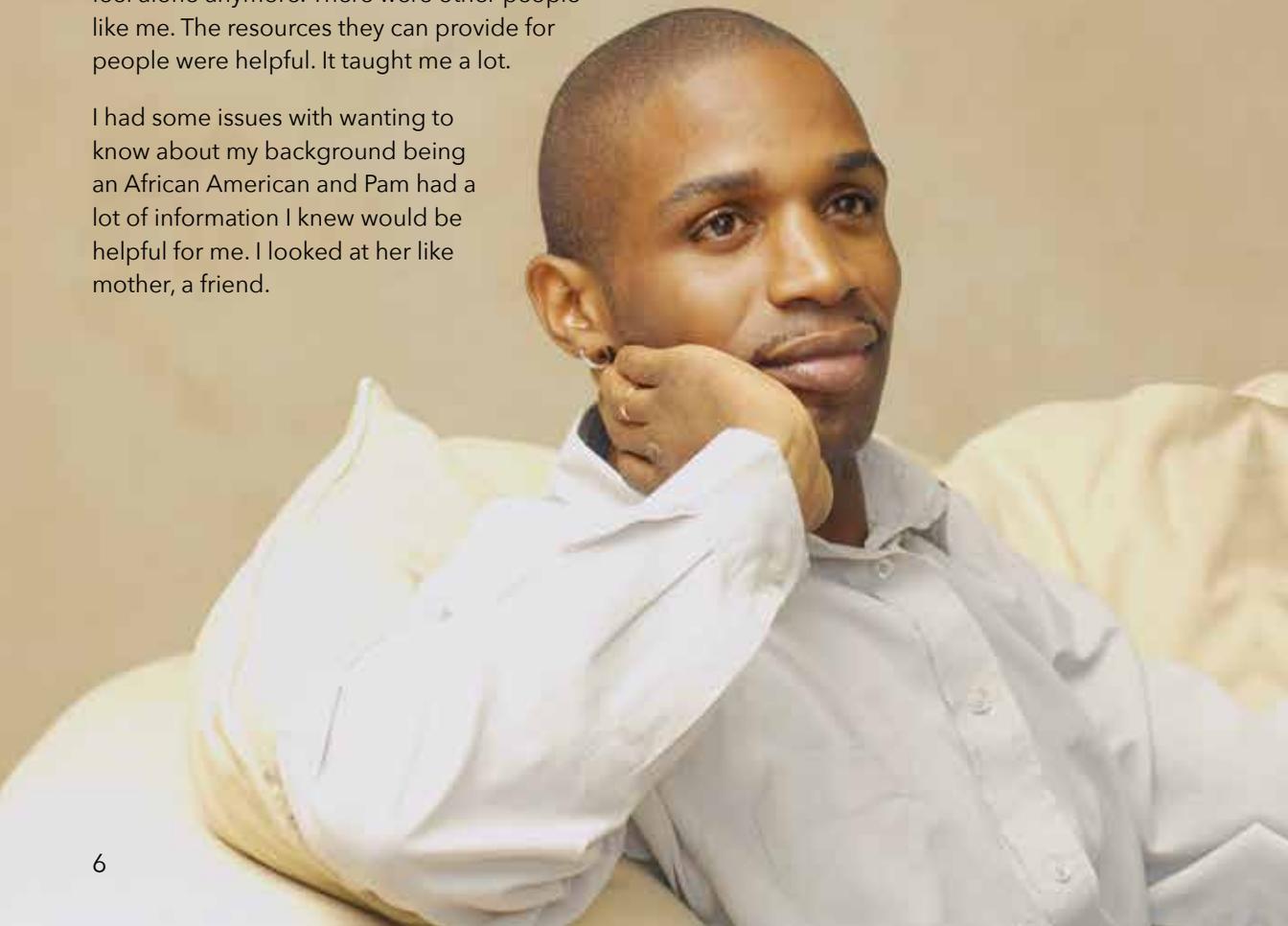
I had some issues with wanting to know about my background being an African American and Pam had a lot of information I knew would be helpful for me. I looked at her like mother, a friend.

Now, I'm happy. What I do, who I am, what the future holds—it's all motivated by my children. So, I'm in a good place now. I feel like I'm human again. I look at other people now who are happy and understand what they are feeling. And then I look at some people who may be where I was, and just don't ever want to go back there.

I grew up a lot because of Ujima.

It definitely helped me become a better father because I had to grow up and get things in order, so my kids would have a good life. I had to give my kids that chance, and Ujima offered that by always being there.

To make a financial contribution to the Ujima Treatment Program, or any other Journey Mental Health Center program, visit journeymhc.org/donate.



Journey Mental Health Center Programs

Outpatient Services

Journey Mental Health Center offers a full range of outpatient services provided by licensed master's level therapists, including adult, child and family therapy for mental health problems, substance use disorders, co-occurring disorders, and specialty counseling services for adults with developmental disabilities. Outpatient treatment includes individual, family and group services with psychiatry.

CENTRAL INTAKE: Provides scheduled and walk-in appointments for individuals seeking outpatient services Monday-Friday each week. Families scheduling appointments for minor children are prioritized as well as pregnant women seeking substance abuse treatment and other populations by contract.

CLINICA LATINA: Mental health, substance use disorder and psychiatry services to Spanish speaking individuals by professional bilingual and bicultural clinicians.

UJIMA PROGRAM: Serves African American families and adults with substance abuse and mental health problems. The program provides culturally specific group, individual, couple and family counseling with case management services for up to 18 months.

FAMILY PRESERVATION PROGRAM: Intensive, in-home services for families with a child or children between the ages of 0 and 12 at risk of out-of-home placement. Families are seen daily for the first 14 days of the program of the eight-week program. On call staff and supervision is provided 24 hours a day for program families.

RESOURCE BRIDGE: Bridges the gap between a mental health crisis (hospitalization, use of emergency services, care center placement) and ongoing services in the community. Resource Bridge offers crisis stabilization services for up to 90 days as needed for adults who are unconnected in the community.

COGNITIVE BEHAVIORAL INTERVENTION FOR TRAUMA IN SCHOOLS (CBITS): In-school, evidence based, group and individual intervention to reduce symptoms of post-traumatic stress disorder (PTSD), depression, and behavioral problems, and to improve functioning, grades and attendance, peer and parent support, and coping skills.

SCHOOL BASED MENTAL HEALTH CLINIC: Pilot program to provide mental health and substance abuse treatment to middle school youth in the school setting in order to eliminate barriers to accessing services and improve home and school functioning.

SUBOXONE CLINIC: Provides Suboxone (Buprenorphine) to individuals struggling with opiate addiction. The clinic coordinates prescribing with ongoing treatment, drug testing and other Suboxone protocols.

OPIATE RECOVERY PROJECT: Provides immediate access to treatment for individuals with a history of opiate use who are being released from Dane County Jail. Services include the use of Vivitrol®, individual and group treatment.

INTERNSHIP CLINIC: Masters and doctorate level interns provide outpatient mental health and substance abuse treatment services under the supervision of licensed master's level therapists and psychologists.

HIV CLINIC: Provides psychiatry, individual and group services to individuals diagnosed with HIV who are patients at the University of Wisconsin AIDS/HIV Comprehensive Care Program.

DIALECTICAL BEHAVIOR THERAPY (DBT): DBT is an evidence based cognitive-behavioral treatment approach that incorporates group and individual work for individuals struggling with affect regulation, and/or chronic suicidality.

ALTERNATIVE SANCTIONS PROGRAMS: Provides assessment for potential participants in Dane County Drug Treatment Court, Drug Court Diversion and OWI Treatment Court. The program also provides coordination of services for ongoing participants through attendance at court sessions.



Community Based Services

Journey Mental Health Center's Community Based Service programs have achieved an international reputation for clinical effectiveness for individuals with complex mental health and substance abuse issues. The goal of these programs is to make mental health and substance abuse services accessible to a diverse range of communities.

COMMUNITY TREATMENT ALTERNATIVES: Works with clients/consumers involved in the criminal justice system. CTA was the first jail diversion program in the country to employ the principles of Assertive Community Treatment (ACT). Services include: medication evaluation and monitoring, assistance in obtaining a source of income, finding housing, securing and maintaining competitive employment, counseling for alcohol and other drug abuse, assistance following through with any court-ordered requirements and help with the activities of daily living.

CONDITIONAL RELEASE PROGRAM: Court ordered and approved comprehensive treatment and case management services to clients who have been found by the legal system as "not guilty by reason of mental disease or defect" and whom the court deems appropriate for conditional release.

GATEWAY AND FORWARD SOLUTIONS: Two of Journey's three state-certified Community Support Programs offering comprehensive support to Dane County residents who have severe mental illness and may also have substance abuse issues.

KAJSIAB HOUSE: A place where Hmong elders and their families can be safe, express and experience culture, increase their understanding and the ability to live successfully within the Dane County Community, and receive help and treatment for mental health issues.

MOBILE OUTREACH TO SENIORS TEAM (MOST): A range of accessible mental health services to address the highly complex and changeable needs of seniors and their caregivers.

PROMOTING RECOVERY FROM THE ONSET OF PSYCHOSIS (PROPS): Serves youth and young adults between the ages of 15 and 25 who are experiencing early symptoms of psychosis.

SOUTHEAST ASIAN SERVICES: Mental health and psychiatry services for Southeast Asian individuals living in Dane County.

YAHARA HOUSE: A path to recovery through relationships and work for adults with mental illness. It is built on the clubhouse model that guarantees a place to belong and experience meaningful relationships, meaningful work and a place to return.

Clinical Assessment Programs

The Clinical Assessment Program provides assessments for individual who have been charged or convicted with operating a motor vehicle, boat, or all-terrain vehicle while intoxicated. Services include the EDAC (Early Detection of Alcohol Consumption) testing for individuals who meet EDAC program requirements. EDAC provides information regarding the effects of alcohol use on the body including effects of chronic or heavy alcohol use.

Emergency Services Programs

The Emergency Services Programs at Journey Mental Health Center supports adults and children with special and long-term mental health needs reside successfully in the community, with a goal of assisting individuals in crisis return to a more satisfactory level of functioning. Emergency Services Programs work to prevent suicides, reduce the number of out-of-home placements for children and youth and reduce unnecessary hospitalizations and institutional stays.

CRISIS INTERVENTION: Services include a 24/7 emergency crisis phone line, 16-hour/day mobile response, suicide and homicide risk assessment, hospitalization assessment, prescribing services, medication observation, and referral to ongoing treatment.

BAYSIDE PLACE CARE CENTER: Designed and staffed for expert assessment, stabilization and treatment of individuals experiencing a mental health crisis. This short-term residential facility provides quality care while reducing the need for hospital admissions. It is housed with Journey's Emergency Services Unit providing an efficient and seamless transition from assessment to treatment.

ADULT AND YOUTH CRISIS STABILIZATION: An array of services aimed at helping Dane County residents with persistent mental illness become and remain stable in the community. Services include short-term stays in a Crisis Home or Recovery House, longer-term stays in Adult Family Homes, and support for individuals who are transitioning to independent living.

SURVIVORS OF SUICIDE SERVICES (SOS): Support and information to persons who have been affected by suicide, offered to the community at no cost.

Administrative Services and Organizational Resources

Clinical Services are supported by our Administrative Services team (Accounting, Marketing/ Communications, Facilities, HR/Payroll and Information Systems) and the Organizational Resources team (Client Services, Clinical Records, Switchboard, Training and Transcription).



Balance Sheet

Assets

Cash.....	\$2,385,535
Accounts Receivable.....	717,561
Prepaid Expenses.....	148,118
Investments.....	215,667
Property and Equipment (net).....	\$3,070,862
TOTAL ASSETS	\$6,537,744

Liabilities & Equity

Accounts Payable.....	\$1,296,011
Other Current Liabilities.....	1,294,877
Notes & Mortgage Payable.....	2,209,156
TOTAL LIABILITIES	\$4,800,044
Retained Earnings.....	\$1,266,160
Net Surplus - Current Year.....	471,540
TOTAL EQUITY	1,737,700
TOTAL LIABILITIES AND EQUITY	\$6,537,744

Sources of Funds

Southeast Asian Program & Kajsiab House.....	4.0%
Mobile Outreach to Seniors.....	2.0%
Yahara House.....	6.8%
Developmentally Disabled.....	0.3%
Emergency Services.....	12.3%
Hospital Diversion.....	6.2%
Community Support Programs.....	14.6%
Jail Diversion.....	7.4%
Youth and Family Services.....	14.5%
Drug and Alcohol Treatment Related.....	14.1%
Adult Mental Health.....	10.8%
Ujima.....	1.0%
Other.....	6.0%
TOTAL	100.0%

2014 Grants, Funding, Contracts

Attic Angels

Badger Prairie Health Care Center

City of Madison-Community Development Authority

City of Madison-Southeast Asian Senior Services Grant

Clearview Long Term Care and Rehabilitation

Dane County Department of Human Services - Mental Health/AODA Services

Department of Veterans Affairs

Federal Ticket to Work Program

Jennie H Olson Charitable Foundation

Madison South Rotary Foundation

Rodney Scheel House

SOAR Case Management Services

Wisconsin Department of Health Services - Conditional Release

Wisconsin Department of Health Services - First Episode Psychosis Grant

Wisconsin Department of Workforce Development - Supported Employment

United Way of Dane County

University Hill Farms Neighborhood Association

University of Wisconsin - HIV/AIDS Comprehensive Care Program





Sharing the Path from Hope to Recovery

625 W. Washington Avenue
Madison, WI 53703

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2014 Annual Report



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