

CAMINANDO JUNTAS: WELLBEING PARTNERSHIPS WITH THE LATINE COMMUNITY



This workshop will support behavioral health practitioners' ability to effectively support the wellbeing of Latine people. It will address three core questions: (1) How do we begin to understand the cultural identity of Latine people?, (2) What are the key qualities of Latine culture?, and (3) What are best practices for effectively working with the Latine community? The workshop will begin by considering the complex dynamics surrounding Latine/Latinx cultural identity. While this workshop is introductory in nature, it will assist any practitioner in their efforts towards intentional, skillful, and effective partnership with Latine people. While special attention will be provided to behavioral health practice, the majority of the content will be relevant to any practitioner including educators and administrators. The workshop will include time for discussion and open dialogue.



**Armando Hernández,
PhD**

Armando Hernández, PhD is a Licensed Psychologist and Equity-Centered Leader with 20 years of experience in the areas of mental health, education, and healthcare. As a trainer, consultant, and administrator, he specializes in the areas of culturally responsive practice, behavioral health consultation, and systems change. He currently works as the Chief Diversity Officer for Journey Mental Health Center in Madison, Wisconsin.



**Marco Torrez-Miranda,
LCSW**

Marco is a licensed psychotherapist and substance use disorder specialist in the state of Wisconsin. He earned his undergraduate and graduate degrees from the University of Wisconsin – Madison and is currently a doctoral candidate focused on social justice and equity in higher education at UW-La Crosse. Marco's personal and professional experience has centered around being and working with minoritized individuals and communities. He has developed interventions and programming to increase access, engagement, and healing from racialized trauma. He has more than fifteen years of experience working in the behavioral health field as a clinician, clinical supervisor, mentor, consultant, director, and faculty. Most recently, Marco served as Faculty and Director of the Human Services Program at Madison College and was recently appointed to an inaugural role of Equity & Inclusion Faculty Director for the newly established Institute for Equity & Transformational Change (IETC) within the College. The IETC promotes, studies, and implements inclusive excellence and anti-racist practices to create an affirming learning community at Madison College.

OBJECTIVES:

IMPROVE YOUR UNDERSTANDING OF THE CULTURAL IDENTITY OF LATINE

DESCRIBE KEY QUALITIES OF LATINE CULTURE

CONSIDER BEST PRACTICES FOR EFFECTIVELY WORKING WITH THE LATINE COMMUNITY

Date : Friday, October 28th

Time: 8:30 am - 10:30 am

Presenter(s): Armando Hernández (he/him/elles) and Marco Torrez-Miranda (he/him)

Price: \$50 (discount available)

Where: Virtual through Zoom

Continuing Education Hours: 2.0 hours

Visit our website to register at journeymhc.org

ACEP Hours*

*Journey Mental Health Center has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6760. Programs that do not qualify for NBCC credits are clearly identified. Journey Mental Health Center is solely responsible for all aspects of this program.

