

Cont. Ed: Trauma Informed Care: An Ongoing Conversation - Evolving Language, Expanding the Principles



Trauma Informed Care is a movement that has made its way across the nation and into different helping and service fields. Wisconsin was an early adopter of TIC principles.

In the 10+ years since it arrived, we've learned to change the question from "What's wrong with you?" to "What happened to you?" Person-first language has made its way into our service vernacular. We have welcomed peer support specialists to our teams. We are beginning to appreciate the imperative of self-care to avoid secondary traumatization and burnout. We'll take a look at what research says about how it has improved services.

We'll examine at the ways in which Trauma Informed Care is evolving with new perspectives and new language shifts. We'll consider how these new voices are broadening our understanding of the many ways the people are exposed to trauma in their lives. Join us for a lively discussion about how this movement continues to transform the way we care for people and support recovery.

Objectives:

- Review the essential principles of Trauma Informed Care
- Discuss how effective the TIC movement has been in improving quality of services
- Examine new developments unfolding in the evolution of the movement.



Robin Lickel is a dually-licensed psychotherapist and addictions specialist who has been supporting recovery for 15 years. She has pursued specialized training in treating complex trauma and dissociative conditions. She offers a monthly consult group for her colleagues at Journey and has hosted a group for women with dissociative identity disorder (DID). She is the adoptive mother of a litter of kittens and relies on hortico-therapy and disco dancing for self-care.

Date : Thursday, February 9, 2023

Time: 9:00 a.m. to 12:00 p.m

Presenter: Robin Lickel, LPC, CSAC

Cost: \$75

Venue: Zoom



3.00 NBCC CE Hours*

*Journey Mental Health Center has been approved by NBCC as an Approved Continuing Education Provider, ACEP No.6760. Programs that do not qualify for NBCC credits are clearly identified. Journey Mental Health Center is solely responsible for all aspects of this program.

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