

JOURNEY MENTAL HEALTH CENTER PRESENTS:

Cont. Ed: Sex, Drugs, and Rock 'n Roll

Presented by Dr. David Mays,
M.D., Ph.D

Date: Tuesday, March 14, 2023
Time: 10:00 am – 12:00 pm
Presenter: Dr. David Mays, M.D.,
Ph.D
Venue: Zoom
Cost: \$70
2.0 CE Hours (NBCC/ACEP
Approved #6760)

Training Description:

Addiction - The Biology of the Pursuit of Happiness
(Sex, Drugs, and Rock 'n Roll)

What do substance abuse, romantic love, pathological gambling, and internet addiction have in common? They are all conditions that challenge our thinking about free choice compulsive behavior, and self-control. How responsible are we for our bad habits?

This program will explore the biological understanding of the commonly identified features of addiction – genetic vulnerability, the brain's reward system, withdrawal, and relapse. We will look specifically at substances that are frequently abused – alcohol, marijuana, opioids, methamphetamine – as well as a few behavioral addictions – gambling, the proposed internet gaming addiction, etc. Along the way we will look at treatment strategies and their efficacy.

Training Objectives:

At the end of this workshop, participants will be able to:

- 1) Summarize the qualities of addictive behavior
- 2) Evaluate the various treatments for addictive behavior
- 3) Recognize the biological features of the different addictive disorders
- 4) Incorporate research findings concerning treatment into their approach with these clients

2.0 CE NBCC/ACEP HOURS*

*Journey Mental Health Center has been approved by NBCC as an Approved Continuing Education Provider, ACEP

No. 6760. Programs that do not qualify for NBCC credits are clearly identified.

Journey Mental Health Center is solely responsible for all aspects of this program.

To register for Journey sponsored trainings visit our website at <https://journeymhc.org/>.



Dr. David Mays, M.D., Ph.D., is a licensed physician in the state of Wisconsin, where he is a clinical adjunct assistant professor in the University of Wisconsin Department

of Psychiatry. He is Board Certified by the American Board of Psychiatry and Neurology and is a Distinguished Life Fellow of the American Psychiatric Association. He is also a member of the Wisconsin Psychiatric Association. Dr. Mays has received the Distinguished Service Award from the Alliance on Mental Illness in Dane County, the Exemplary Psychiatrist Award from the National Alliance on Mental Illness, the Exceptional Performance Award from the Wisconsin Health and Family Services, the Outstanding Professional Award from the Wisconsin Association on Alcohol and Other Drug Abuse, and the Outstanding Mental Health Professional Award from the Wisconsin National Alliance on Mental Illness.

of Psychiatry. He is Board Certified by the American Board of Psychiatry and Neurology and is a Distinguished Life Fellow of the American Psychiatric Association. He is also a member of the Wisconsin Psychiatric Association. Dr. Mays has received the Distinguished Service Award from the Alliance on Mental Illness in Dane County, the Exemplary Psychiatrist Award from the National Alliance on Mental Illness, the Exceptional Performance Award from the Wisconsin Health and Family Services, the Outstanding Professional Award from the Wisconsin Association on Alcohol and Other Drug Abuse, and the Outstanding Mental Health Professional Award from the Wisconsin National Alliance on Mental Illness.

