

# JOURNEY MENTAL HEALTH CENTER PRESENTS:

## Cont. Ed: Update on Bipolar Disorder

Presented by Dr. David Mays,  
M.D., Ph.D

**Date:** Tuesday, May 2, 2023

**Time:** 10:00 am – 12:00 pm

**Presenter:** Dr. David Mays, M.D.,  
Ph.D

**Venue:** Zoom

**Cost:** \$70

**2.0 CE Hours** (NBCC/ACEP  
Approved #6760)

### Training Description:

There is a great deal of confusion regarding “the bipolar spectrum” among mental health professionals, which reflects the confusion of researchers and writers asked to clarify exactly what they are seeing with mood disorders. We will sort through the confusion in this 2-hour webinar as we try to understand the bipolar spectrum hypothesis.

### Objectives: At the end of this seminar, participants

- 1) Will be able to describe what is meant by the bipolar spectrum
- 2) Understand the issues surrounding the over or under diagnosis of bipolar disorder in children and adolescents
- 3) Be able to convey how borderline personality disorder overlaps and separates from bipolar II disorder

### 2.0 CE NBCC/ACEP HOURS\*

\*Journey Mental Health Center has been approved by NBCC as an Approved Continuing Education Provider, ACEP

No. 6760. Programs that do not qualify for NBCC credits are clearly identified.

Journey Mental Health Center is solely responsible for all aspects of this program.

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<https://journeymhc.org/>.



Dr. David Mays, M.D., Ph.D., is a licensed physician in the state of Wisconsin, where he is a clinical adjunct assistant professor in the University of Wisconsin Department

of Psychiatry. He is Board Certified by the American Board of Psychiatry and Neurology and is a Distinguished Life Fellow of the American Psychiatric Association. He is also a member of the Wisconsin Psychiatric Association. Dr. Mays has received the Distinguished Service Award from the Alliance on Mental Illness in Dane County, the Exemplary Psychiatrist Award from the National Alliance on Mental Illness, the Exceptional Performance Award from the Wisconsin Health and Family Services, the Outstanding Professional Award from the Wisconsin Association on Alcohol and Other Drug Abuse, and the Outstanding Mental Health Professional Award from the Wisconsin National Alliance on Mental Illness.

